Name _____   Date _____

Emotion Log Analysis
Grading RUBRIC 4th
2 SIDES

GENERAL:

_ YOUR NAME and DATE is WRITTEN ON **EVERY** PAGE (**-10** if not!!)

_ **Extra Credit** for Artistic additions to the Bar Graph (↑ +10)

_ **All pages** are present and in the correct order (**-10** if not!!)

EMOTION LOG: (5pts each)

_ **Dates** are consistent, showing entries are **regularly logged**

_ **1-3** emotions are listed for each entry

_ Logged emotions are diverse, **not** homogenous

_ Hours of sleep are regularly logged **and** in detail (hrs and min)

_ **2** things/people are **NAMED** in each gratitude entry, also **not** homogenous

_ {[Entries are leveled from **-5 to +5**, reflecting each entry's **intensity** → *Not until next Log

_____ / 30

RATIOS: (5pts each)

_ **Tallies** are present to show student process

_ Each box/**part** has a labeled total

_ **Totals** for each **whole** section are equal, clearly labeled

_ **Part-to-Whole Ratios** are correct

_ Parts' **sum** is equal to the Whole

_____ / 25

Side 1/2

BAR GRAPH: (5pts each)

    _ Bar Graph has a **Title**

    Graph contains the correct information:

        _ Emotional **categories are** labeled

        _ Scale on the y-axis is appropriate for the number of tallies

        _ Numbers for each bar are the same as on the RATIOS sheet

        _ **y-axis** and **x-axis** are labeled

        _ **Percent** is calculated correctly, **and** labeled → *DONE IN CLASS*

    _ **Lines** are **straight**, clearly a straight-edge was used

    _ **Bars** for each <u>part</u> are <u>connected</u>, but there is **space** between each **section**

                                         _____ / 40

SLEEP LOG Analysis: (5pts each)   → *DONE IN CLASS*

Dot Plot

_ Number Line Scale is appropriate for the data

_ A consistent symbol is used to mark tallies above data entries

Data List

_ **Mean** is calculated correctly (total hrs/ #days) with **unit**, clearly identified

_ **Median** is calculated correctly and clearly identified

_ **Mode** is clearly identified

_ **Lowest** and **Highest** values identified

_ **Range** correctly calculated, clearly identified

                                         _____ / 35

EMOTIONS Log - 4th Grade

Name: **SAMPLE**   Qtr: _____   Month: _____

Date	Emotions (Now/Today)	Hrs of Sleep (Last Night)	2 Things or People I am Grateful for Today... (Name it – be specific)
	Happy Tired	9h	
	Confident Ecstatic	9h 15m	
	Embarrassed Lonely	10h	
	Disgusted Happy	8h 15m	
	Hopeful Frustrated	7h 30m	
	Happy Lovestruck	8h 45m	
	Jealous Lonely	9h 15m	
	Shocked Jealous	9h 15m	
	Ashamed Overwhelmed	10h 30m	

EMOTIONS Log - 4th Grade

Name: SAMPLE   Qtr: _____   Month: _____

Date	Emotions (Now/Today)	Hrs of Sleep (Last Night)	2 Things or People I am Grateful for Today... (Name it – be specific)
	Ecstatic Happy	6h 15m	
	Overwhelmed Hopeful	7h	
	Anxious Hopeful	8h 30m	
	Shocked Jealous	9h 15m	
	Happy Content	10h	
	Bored Tired	10h	
	Mischevious	9h 30m	
	Lonely Sad	9h	
	Guilty Confused	8h 30m	

Emotion Log RATIOS

Name **BRENNAN**   Date _____

Directions:

For **EACH** section below...

    a) Go through **EVERY emotion listed** in your log for **EACH SECTION** (total of 3x)

    b) Put a tally in ONE category for **EACH emotion** listed

(Even if you listed more than one, **each gets its own tally**)

	Positive	Negative	Neither		Total
Section 1	~~IIII~~ ~~IIII~~ III (13)	~~IIII~~ ~~IIII~~ ~~IIII~~ I (15)	~~IIII~~ II (7)		(35)
Part:Whole Ratio	13 : 35 $\frac{13}{35}$	15 : 35 $\frac{15}{35}$	7 : 35 $\frac{7}{35}$		

	Easy	Hard	Neither		
Section 2	~~IIII~~ ~~IIII~~ ~~IIII~~ III (18)	~~IIII~~ ~~IIII~~ ~~IIII~~ I (16)	I (1)		(35)
Part:Whole Ratio	18 : 35 $\frac{18}{35}$	16 : 35 $\frac{16}{35}$	1 : 55 $\frac{1}{35}$		

	Happy	Angry	Sad	Neutral	
Section 3	~~IIII~~ ~~IIII~~ II (12)	~~IIII~~ (5)	~~IIII~~ III (8)	~~IIII~~ ~~IIII~~ (10)	(35)
Part:Whole Ratio	12 : 35 $\frac{12}{35}$	5 : 35 $\frac{5}{35}$	8 : 35 $\frac{8}{35}$	10 : 35 $\frac{10}{35}$	

*must go on pie chart

Emotion Log RATIOS

Emotional Categories Defined:

Positive –
Emotions that make us feel good, they are pleasant and they are good for us.

Negative -
Emotions that are un-pleasant, and do not make us feel so good; they are emotions that are not good for us if we have them a lot.

Neither –
Emotions that are neither positive or negative, they are in the middle.

Easy –
Emotions that are easy for you and that you tend to feel more often.

Hard –
Emotions that are hard for you and maybe you don't feel them as often.

*For example. Some people find it <u>easy</u> to be happy and joyful, while others may find being happy and joyful takes a lot of energy and is <u>harder</u> to feel that way a lot.

Happy – Emotions that make you feel good, possibly make you smile.

Angry – Emotions that are a part of being angry or frustrated.

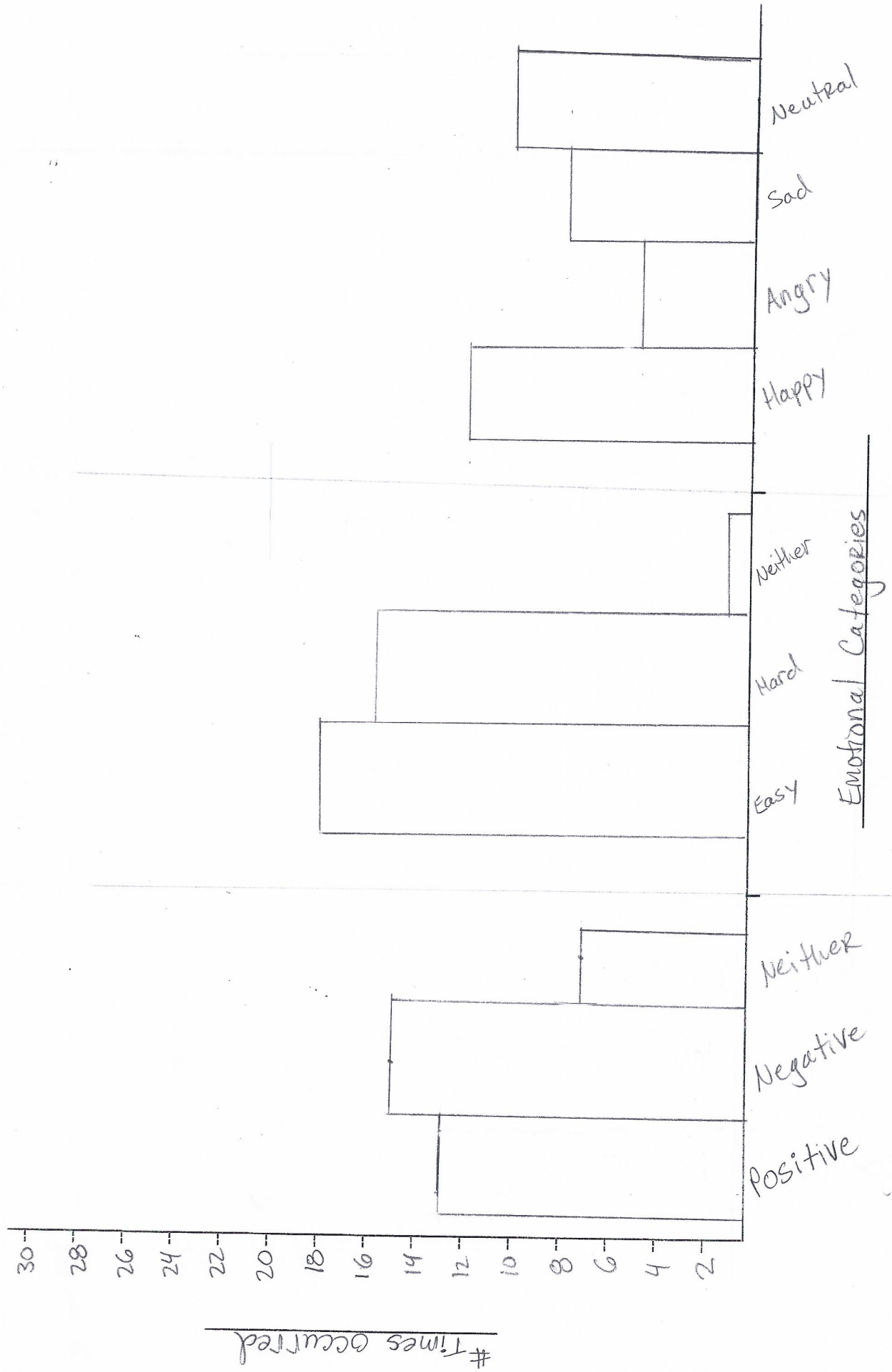**Sad –** Emotions that are a part of sadness, or feeling down, subdued.

Neutral – Emotions that aren't happy, angry or sad, they are just there; indifferent.

Name **Brennan**

Emotion Log Analysis

Date **Example**

Times Occurred

30 28 26 24 22 20 18 16 14 12 10 8 6 4 2

Emotional Categories

Positive | Negative | Neither | Easy | Hard | Neither | Happy | Angry | Sad | Neutral